# Lauren D. Ghent

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#### **PRACTICE AREAS**

## I look for creative solutions to help families support and co-parent even when living separately.

Lauren works exclusively in Family Law group. She believes that the best process for family disputes is through alternative dispute resolution. That includes mediation and arbitration, where everyone has more control over the process, and the best interests of the family come first. Every family has unique circumstances that need to be addressed, and Lauren strives to work with her clients to find solutions that are cost-effective and amicable.

### Experience

Lauren has experience appearing at both Alberta Court of Justice (formerly the Provincial Court of Alberta) and Court of King's Bench on all types of family matters when litigation becomes necessary.

## Memberships

- Law Society of Alberta
- Canadian Bar Association
- Canadian Bar Association
  - Representative, Wills & Trusts Section, Children's Law Committee (2015-2018)