

# Lauren D. Ghent

Associate

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## ASSISTANT

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## PRACTICE AREAS

Family Law

Child & Spousal Support

Division of Property

Mediation, Arbitration,  
Litigation

Cohabitation & Prenuptial  
Agreements

Parenting & Custody

I look for creative solutions to help families support and co-parent even when living separately.

Lauren works exclusively in family law. She believes that the best process for family disputes is through alternative dispute resolution. That includes mediation and arbitration, where everyone has more control over the process, and the best interests of the family come first. Every family has unique circumstances that need to be addressed, and Lauren strives to work with her clients to find solutions that are cost-effective and amicable.

## Education

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**2012** University of Calgary, JD

**2006** Queen's University, BA (Honours)

**2002** Queen's University, Bader International Study Centre, Herstmonceux Castle

## Admissions

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**2013** Alberta

## Experience

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Lauren has experience appearing at both Provincial Family Court and Court of Queen's Bench on all types of family matters when litigation becomes necessary.

## Memberships

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- Law Society of Alberta
- Canadian Bar Association
- Canadian Bar Association  
Representative, Wills & Trusts Section, Children's Law Committee (2015-2018)